



301st Fighter Wing, AFRC NAS JRB Fort Worth, Texas

FIGHTER LINE

Volume 36, Number 1

January 2010

Unit Compliance Inspection...

Total Force Integration...

Deployments...

More ways to rock the world in

2010

301st FIGHTER WING

Discover a new you... without the 'you'

Colonel Richard Scobee
301st Fighter Wing Commander

I bet nearly every one of us begins the new year with resolutions. Most of us seem to lose track of them by the end of February. This is not always a bad thing, because a lot of you put those resolutions aside to focus on someone besides yourself.

Everywhere we look we see the consistent message of "put yourself first." Although this may initially seem like a good idea, it can end up being unrealistic. If you have a family, they most certainly come before you as a parent or spouse. Even if you're single and have no children, your job, friends, pets, and personal commitments can eat up all of your time.

Although it's easy to wear ourselves out trying to help others, there's nothing as satisfying as seeing a smile or hearing a sincere "thank you" when we've been able to help someone out, even if that meant putting in some extra time or effort for someone who needed it.

When it comes to our military life, it's part of the nature of the business. "Service Before Self" is one of our Core Values, and it can sometimes literally mean putting yourself last. We put our family and country's needs before our own. And we almost always do this with a smile, because

we know someone's benefitting from our dedication to others.

It might sound like you end up in last place, but that's far from the truth. That smile our spouse, child, friend, or even a stranger gives us when we've made their lives just a little better is the reward.

Selflessness comes full circle in the military too. Whether our work merited a "thank you," a letter of appreciation, a commander's coin, a medal or quarterly award nomination, your work should be recognized all the way up the chain of command.

I'm honored and proud to see the results of the selfless dedication our Airmen give at all levels. I know we're going into another busy year where each of you will give your all just as you did last year.

This year I'd like to see our supervisors and leadership push for recognition of our deserving Airmen like never before. To help jump start the effort, I re-invigorated the incentive ride program and instituted a "civilian" category in our awards program in order to recognize the



Colonel Richard Scobee

valuable contributions our traditional civilians to this wing.

I encourage every leader, from colonels and chiefs to lieutenants and airmen, to encourage your people and reward their efforts.

In the end, you will be rewarded for your leadership. Who knows, the Wing Commander might show up with a coin and a "thank you."

ON THE COVER:

2010 is set to be a big year for the 301st Fighter Wing, and one of the most challenging in recent history. Along with force integration and a major deployment, a major inspection will arrive this summer. These events allow more opportunities for the 301st and its members to shine like never before. (U.S. Air Force Graphic/TSgt Shawn David McCowan)

FIGHTER LINE

Fighter Line is an Air Force Reserve funded publication for members of the U.S. military services.

Contents of the Fighter Line are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force.

Editorial content is edited, prepared and provided by the 301st Fighter Wing public affairs office, NAS Fort Worth JRB Carswell Field, Texas. All photographs in the Fighter Line are Air Force photographs unless otherwise indicated.

Deadline for unsolicited submissions is close of business Monday after the "A" schedule unit training assembly.

Articles should be typed, single-spaced, and, if possible, submitted via email to the public affairs office at 301fw.pa@carswell.af.mil.

For more information about the Fighter Line, call the 301st Fighter Wing public affairs office at 817-782-7170.

Fighter Line Editorial Staff

- Col. Richard W. Scobee.....Commander
- Maj. Karl Lewis.....Chief, Public Affairs
- Laura Dermarderosian-Smith.....Dep. Chief, Public Affairs
- TSgt. Shawn David McCowan.....NCOIC, Public Affairs
- TSgt. Stephen C. Bailey.....Staff Writer
- SSgt. Laura Spurling.....PA Admin



Chaplain to be available full-time

Chaplain (Maj) Mark McDaniel

301st Fighter Wing Chaplain

I would like begin by wishing a prosperous and joyful New Year to all the members of the 301st Fighter Wing family.

This coming year will pose new challenges and opportunities for our unit with numerous inspections and several deployments. Our operational pace is due to increase and with it various stressors and issues.

Your chaplains are perpetually in prayer for all of our Airmen as well as their loved ones.

In recognition and response to the ongoing burdens faced by families as well as military individuals, Air Force Reserve Command has decided to support six reserve chaplains on a full-time basis at six key units, including the 301st Fighter Wing, in order to be available on a more consistent basis.

This trial program will be for two years beginning in January of 2010. During this period, you will be able to

contact the chaplain's office, located in the Family Readiness Building, at extension 7267.

It is an honor to be able to offer continuous counseling and unit visitation support to our unit. Whether you are struggling with issues at home, challenges in your spiritual life, deployment related stresses, traumatic stress response issues, or just need a friend to chat with, our office is committed to offering world-class spiritual and pastoral care.

On a separate-yet-related note, I want to extend my appreciation to all those who participated in our annual Chaplain Corps survey. We received very helpful and pointed comments related to our mission and delivery of care to the wing. Your responses were instrumental in securing full-time availability of a chaplain at the unit. Several important questions and issues were raised by responses and we will be addressing them through this column over the ensuing months.



Chaplain (Maj) Mark McDaniel

It is our prayer that this new year will bring peace and harmony to a troubled world. Should that not come, may you all tangibly feel the presence of the Lord and His guidance and providential care over our lives, our nation and the great struggle in which we are engaged.

May blessings and peace be with you and your family.

A special farewell commentary:

TSgt Stephen C. Bailey

301st Fighter Wing Public Affairs

Forget New Year's resolutions. By March, most people do anyway.

Instead, enjoy 2010 and really decide to do something you've always wanted to.

Life is so short. Just blink, and you're ten years older – remember "Y2k?" That was ten years ago!

Twenty-six years ago, I graduated high school. Just nine years ago I brought my baby home from the hospital. Eight years from now I will be celebrating her graduation and expecting my first social security check. It's hard to imagine. This is why I know it is important to enjoy life as much as possible.

Take time while you have time

I know things are a little shaky right now, but don't put your head in the sand and let life pass you by. Joy, excitement and happiness are still free.

Take a retrospective look at the things we've been doing and see how we can improve for 2010. Draw a blank? Here are a few suggestions:

Take a vacation, read a few books, hug your children and spouse more often, say some kind words, go to church.

Play a little golf, buy some new clothes and shoes, go to a late-night movie, play a musical instrument or learn to speak a different language.

Volunteer for a charity, eat what you want for a whole day, do something helpful for a stranger, laugh,

go to a live sports event, drink a frosty mug of root beer and take an afternoon nap, go dancing or just be still and listen to some music.

I meet so many people who never change from their status quo. Maybe they're waiting for the right time to come. Sadly, for some, the perfect "right time" may never come.

Life is here to enjoy, but that's an important choice we each must make. Yes, we've all had bad days, frustrations and things that have gone wrong in the past. But the past does not dictate how we move to the future.

Take the time to assess yourself, and then chase a dream this year. I hope to walk along side of you as we enjoy 2010 and the years to come.

ARC enemy

Timothy Barela

Editor, TORCH Magazine

When I read a news story about a family of three getting electrocuted while putting up a HAM radio at their Palm Bay, Fla., home Oct. 12, 2009 it brought back chilling memories of my own “shocking” near-disaster with electricity.

In the case of the family from Florida, police said a father, a mother and their 15-year-old son were attempting to raise the radio antenna when they lost control of the pole and it hit an overhead power line. The impact sent 13,000 volts of electricity through the pole, killing all three family members. My own experience could have had a similar horrific ending.

“Electrical fires claim the lives of 750 Americans each year and injure 1,500 more.”

- Nat. Fire Prevention Assn.

My family of five had just moved into a new home. We were excited to get everything in place. One item in particular presented its own problem. It was a huge wall clock we’d purchased from the Black Forest while stationed in Germany. It’s heavy, and it needed a sturdy 2-by-4 from which to hang.

Finding a wall stud isn’t always easy, but I was thrilled to discover one in the perfect spot on the wall on my first try. I used a 3-and-a-half-inch screw — long enough to serve as a sturdy holder for the clock, but not so long as to go all the way through the depth of the sheetrock and wall stud.

Less than a week after I’d hung the clock, the circuit breaker began clicking the power off. We reset the breaker, but it would continue to shut down our power. We figured that since it was a brand new home, some kinks

One family dies, another lucky in bouts with electricity

still needed to be worked out with the wiring. It didn’t take an electrician long to discover the problem.

The 2-by-4 to which I’d fastened the clock wasn’t a stud at all. It was actually a board that ran from the junction box with all the electrical wiring to the house running along it.

Since this board was flat against the wall, the screw I used easily penetrated the shorter depth and poked into one of the wires. It took a few days for it to break through the protective plastic casing around the wire, but once it did, it continued tripping the circuit breaker.

When the electrician cut away a section of sheet rock, I felt my heart sink when I saw what lay underneath.

The wood had been badly charred, and the screw had been so heated by the electrical arc that it melted the metal in one spot. I could only think of the potential fire that could have started while my wife and three kids slept at night.

We were lucky. According to the National Fire Protection Association, electrical fires claim the lives of 750



Americans each year and injure 1,500 more. Some of these fires are caused by electrical system failures and appliance defects, but many more are caused by the misuse and poor maintenance of electrical appliances, incorrectly installed wiring, and overloaded circuits and extension cords. Most electrical wiring fires start in the bedroom. An extension cord-related fire occurs every six minutes. Fire deaths are highest in winter months because of the increase in indoor activities.

Tips to avoid electrical fires

- * When using appliances and tools follow the manufacturer’s safety precautions
- * Routinely check the wiring
- * Overheating, unusual smells, sparks and sputters are warning signs appliances/ tools need to be shut off, then replaced or repaired
- * Unplug when not in use
- * Have an electrician check the wiring in your house
- * Never overload extension cords or wall sockets. Only use extension cords as a temporary means, not a permanent fix
- * Do not place cords under rugs, over nails or in high traffic areas
- * Immediately shut off, then replace, light switches that are hot to the touch and lights that flicker
- * Do not plug surge protectors into each other - it defeats their purpose
- * Frayed wires can cause fires or severe shocks. Replace worn, old or damaged cords immediately
- * Keep electrical appliances away from wet floors and countertops. Pay special care to electrical appliances in bathroom and kitchen



(Source: Randolph Air Force Base, Texas, Fire Emergency Services and the National Fire Protection Association)



Farewell 2009

The year in pictures at the 301st Fighter Wing

TSgt Shawn David McCowan

301st Fighter Wing Public Affairs

The past year was full of unique events and firsts, and the 301st Fighter Wing public affairs staff was there to capture it all. Here are a few major moments from 2009.



(U.S. Air Force photo/TSgt Julie Briden-Garcia)



(U.S. Air Force photo/TSgt Julie Briden-Garcia)

Clockwise from top; A major deployment returned in May. Staff Sgt Tim Cloud was overjoyed to meet his new baby for the first time when he arrived. (top right); Colonel Richard Scobee became the new wing commander in April; Bob Robertson (right) was the master of ceremony for the 301st's inaugural Yellow Ribbon Reintegration Program; In September, the 301st Medical Squadron joined the Navy and Marine medical units (bottom right) for the first-ever joint medical exercise at Naval Air Station Fort Worth Joint Reserve Base; Command Chief Master Sgt. Dwight Badgett (below), command chief master sergeant of Air Force Reserve Command, visited the 301st during family day weekend in November. He also helped welcome its newest Air Force members at a mass enlistment.



(U.S. Air Force photo/TSgt Shawn David McCowan)



(U.S. Air Force photo/TSgt Stephen C. Bailey)



(U.S. Air Force photo/TSgt Stephen C. Bailey)

Character Determines Success

SMSgt Sylvia Budinich

Health Services Superintendent
301st Medical Squadron

(Editor's Note: This commentary is the sixth in a series focussing on mentoring and leadership to develop character)

Have you set your short and long term goals for 2010? Personal and Professional? Are your goals written? If "Yes" do you look at them every day? If "No" why not? Dr. Merrill Douglass, a Time Management Consultant said "Put your goals in writing. Ninety-four percent of the people who write out their goals achieve them. Writing things down is a huge step forward."

Goals remind me of habits. Do you know how long it takes to change a habit? If your response is "21 days" you are correct! I learned this from a "Survival Tips" class I took several years ago.

The instructor taught us if you want to Start, Stop or Continue a habit, write it down, for example on a 3 x 5 card. Then look at it every day as you work towards the 21 day mark. Some "habits" like smoking may not fit into the 21-day time frame.

Smoking may be harder as it is an addiction to nicotine which may require the assistance of your health care provider to obtain a prescription for the nicotine patch or you may explore other options such as hypnotism or acupuncture.

As we begin 2010, I'd like to challenge each of you, regardless of your age, to try something new. Maybe a new hobby, dance lessons, volunteer in your community, return to school to pursue your Associate's, Bachelor's, Master's or Doctorate degree, take a college course on campus or on-line, learn a new language, and, if you're in good physical condition, run a 5K, a

10K race or a marathon.

I recently came across this reminder in my workplace about "Taking Time" from an unknown author:

"Take time to think...It is the source of power; Take time to play...It is the secret of perpetual youth; Take time to read...It is the fountain of wisdom; Take time to pray...It is the greatest power on Earth; Take time to love and be loved...It is a God-given privilege; Take time to be friendly...It is the road to happiness; Take time to laugh...It is the music of the soul; Take time to give...It is too short a day to be selfish; Take Time to work...it is the price of success; Take time to do charity...It is the key to Heaven."



SMSgt Sylvia Budinich

Character Qualities 36-42

36. **Punctuality – vs. Tardiness** - Showing esteem for others by doing the right thing at the right time
37. **Resourcefulness vs. Wastefulness** – Finding practical uses for that which others would overlook or discard
38. **Responsibility vs. Unreliability** – knowing and doing what is expected of me
39. **Security vs. Anxiety** – Structuring my life around that which cannot be destroyed or taken away
40. **Self-Control vs. Self-Indulgence** – Rejecting wrong decisions and doing what is right
41. **Sensitivity vs. Callousness** – Perceiving the true attitudes and emotions of those around me
42. **Sincerity vs. Hypocrisy** – Eagerness to do what is right with transparent motives

In Review: Character Qualities 29 - 35

29. **Joyfulness vs. Self-pity** - Maintaining a good attitude, even when faced with unpleasantness.
30. **Justice vs. Corruption** - Taking personal responsibility to uphold what is pure, right and true.
31. **Loyalty vs. Unfaithfulness** – Using difficult times to demonstrate my commitment to those I serve
32. **Meekness vs. Anger** – Yielding my personal rights and expectations with a desire to serve
33. **Obedience vs. Willfulness** – Quickly and cheerfully carrying out the direction of those who are responsible for me.
34. **Patience vs. Restlessness** – Accepting a difficult situation without giving yourself a deadline to remove it
35. **Persuasiveness vs. Contentiousness** - Guiding vital truths around another's mental roadblocks

*From Character First website:
www.characterfirst.com



Base inclement weather notice available

Mr. Don Ray

Public Affairs Officer, NAS Fort Worth JRB

Inclement Weather? Base Closed? Should we experience severe winter weather that causes public highways to become unsafe for travel, the NAS Fort Worth Commanding Officer will make the determination to close or delay the opening of the Naval Air Station for normal operations.

If the Base will be closed or operations delayed due to winter weather, then that information will be passed to the news media by the Base PAO.

Television channels FOX 4, NBC 5 and WFAA 8 are the three news stations that have agreed to broadcast the Base closure or delayed opening information.

The web sites for these three news stations will also carry the same closure or delayed opening information.

Wing prepared to join new Air Force-wide computer network

Mr James Wrick

Wing Information Assurance Manager

Naval Air Station Joint Reserve Base Fort Worth's 301st Fighter Wing will soon become the third Air Force Reserve Command (AFRC) base to migrate its computer users into the Air Force Network (AFNet).

Over a four-week period beginning January 19th, an Air Force's Active Directory and Exchange (ADX) project team will begin migrating Carswell workstations, network users, and email into the AFNet.

The goal of ADX is to collapse all individual Air Force, Air Force Reserve, and Air National Guard networks into the AFNet. While this change will be relatively transparent, the migration represents a major change for the Air Force.

Until now, bases or major commands (MAJCOMs) have operated their networks independently. This approach led to standardization and security problems, high operation and maintenance costs,

and a lack of enterprise situational awareness. In short, there was no "single" organization or commander responsible for the network.

The ADX project addresses these issues. It will place Air Force cyber operations under the operational control of a single commander. This will yield a significant improvement in the Air Force's ability to fight daily virus activity and malicious intrusion attempts.

Additionally, ADX will centralize services like email and data storage, significantly improving network security and standardization. Finally, operational costs will be reduced through the elimination of redundant systems and services.

How will this affect you? The most visible change will be in the format of your e-mail address. The migration replaces the old *first.last@carswell.af.mil* e-mail address with a standard *first.last@us.af.mil* address. The new addresses will remain with users for the duration of their career, employment, or affiliation with the Air Force regardless of the base or organization assigned. As

more bases join the AFNet, Airmen will be able to login to their accounts from any AFNet base without requesting and creating an additional account. This will allow easy access to the network throughout Temporary Duty Assignments and Permanent Changes of Station. In addition, sites such as the Air Force Portal, Air Force Personnel Center, Defense Finance Accounting Service will remain easily accessible regardless of location.

As this wing approaches its projected start date, a team of Air Force Network Integration Center, 690th Network Support Group, and 301st Communications Flight technicians are already busy preparing equipment and resources to facilitate the migration of almost 2000 users.

The 301st Communications Flight will publish additional information in the coming weeks to ensure the smoothest possible transition into the AFNet.

If you have questions please contact your CSA or the 301st Communications Flight at extension 7181.

Get the Fighter Line delivered to your home

To get an electronic copy of the Fighter Line delivered to your home, email us at 301fw.pa@carswell.af.mil with the subject line "Subscribe" and we'll start sending you a copy before you arrive for the UTA weekend.

Be Heard!

The 301st Fighter Wing Public Affairs office wants your opinion on local and Air Force Reserve-wide news. Do you have a story idea in your unit and want to get published in an internationally-distributed publication?

Contact us at 301FW.pa@carswell.af.mil (use email subject line - "Fighter Line Feedback") or call DSN 739-7170, or commercial 817-782-7170.

Christmas Spirit takes over 301st Fighter Wing

TSgt Shawn David McCowan

301st Fighter Wing Public Affairs

December and its holidays brings out the best in many people, and the members of the 301st Fighter Wing were no exception.

The month kicked off with a visit from Santa Claus during the December Unit Training Assembly. Santa and his helpers from the 301st Fighter Wing staff helped distribute over a hundred gifts to young family members of the 301st family.

The gracious Mr. Claus spent most of the afternoon handing out Christmas presents and listening to last-minute gift requests.

Several members from various units also participated in Christmas caroling throughout the area over several weeks. Nearly two dozen people, both civilian and military and their families, entertained members of our community during evening caroling events.

The final surprise for local residents was a real rarity... a white Christmas in Fort Worth.



(U.S. Air Force photo/TSgt Shawn David McCowan)



(U.S. Air Force photo/TSgt Shawn David McCowan)



Getting into the spirit: Photo by Evelyn Mickles
Resident carolers sang throughout the area. One of the groups was caught in the act. (Left to right) Gerry James, Mary Staffeld, Celeste Montellano, Jamie Austin, Hazel Jordan and Theresa Furbush.